

**CHOOSE
TO UP CUP**
BRING BORROW STAY
PLASTICFREEJULY.ORG



CHOOSE TO UP CUP

As more people realise single-use cups aren't readily recycled, it's getting easier to avoid them. You can either bring your own reusable cup, borrow or swap a cup from some cafés, or take ten minutes and enjoy your favourite cuppa there.

#UpCup #PlasticFreeJuly

