

SOAP



PLASTIC TOOTHBRUSH



BAMBOO TOOTHBRUSH



NORMAL LENGTH

TOILET PAPER



MAKE UP REMOVER WIPES



FLANNEL

BAR

PLASTIC TUBES

DOUBLE LENGTH

DIY LIPBALM

MAKE YOUR OWN TOOTHPASTE

COTTON BUDS

PLASTIC
BAMBOO

SIMPLE SWAPS

FOR THE

BATHROOM



PLASTIC LOOFAH



FLANNEL OR NATURAL LOOFAH

RAZOR

PLASTIC
METAL

MAKE YOUR OWN CLEANING SPRAYS WITH WATER AND VINEGAR

PADS/TAMPONS



DENTAL FLOSS



AOTEAROA
CHOOSE TO REFUSE
SINGLE USE PLASTIC
PLASTICFREEJULY.ORG

**REUSABLE PADS
MENSTRUAL CUP**