

# CHOOSE TO REFUSE

SINGLE-USE PLASTIC  
PLASTICFREEJULY.ORG

Communities around the globe are concerned about plastic ending up in landfill and polluting the oceans ... that's why 120 million people worldwide are choosing to be part of Plastic Free July

## Will you join the challenge?

Please join our effort to help the environment. Choose to refuse single-use plastic during July.



Yes, I will join the challenge!

### 1. Visit our website

[plasticfreejuly.org](https://plasticfreejuly.org)

### 2. Choose what you will do

- Avoid single-use plastic packaging
- Target the takeaway items that could end up in the ocean
- Go completely plastic free

### 3. Choose the length

1 day  1 week  1 month  Always